



The Messenger

~ Spring/Summer 2010 ~

*Medford Leas in bloom...
the perfect season to visit us!*



LUMBERTON CAMPUS TOURS

- THURSDAY, APRIL 8
- THURSDAY, MAY 13
- THURSDAY, JUNE 10
- THURSDAY, JULY 8

MEDFORD CAMPUS TOURS

Courtyard Garden Apartments

- THURSDAY, APRIL 15
- THURSDAY, MAY 20
- THURSDAY, JUNE 17
- THURSDAY, JULY 15

*Rushmore Patio Homes/
Bridlington Townhomes*

- THURSDAY, APRIL 22
- THURSDAY, MAY 27
- THURSDAY, JUNE 24
- THURSDAY, JULY 22

**ALL CAMPUS TOURS RUN FROM
10:00 AM TO 12:00 NOON.**

CAMPUS TOUR SCHEDULE

Join us and

- Meet our residents and staff
- Tour our Medford and Lumberton campuses
- Explore our wide variety of homes
- See our extensive community buildings and amenities
- Enjoy our beautiful arboretum settings
- Learn more about our outstanding services and how you can make your new home with us!

Explore Medford Leas with our residents and staff and learn how easy it can be for you to join our community! Space is limited. Please RSVP by calling 609-654-3527.

*When you arrive on campus,
follow the Event Parking signs.*



MEDFORD LEAS SPRING TEA AND GARDEN TOUR

SATURDAY, MAY 22
11:30 AM - 3:00 PM

MEDFORD CAMPUS
ADULTS: \$16 | CHILDREN UNDER TEN,
NO CHARGE

An afternoon of culinary and visual delights awaits! Enjoy a British Isles tea, featuring tantalizing assortments of tea sandwiches, hors d'oeuvres, scones, petit fours, and more. Tour our uniquely designed Courtyard Gardens. Wear your favorite festive hats and crazy ties and win prizes!

*Reservations required.
Please call 609-654-3527.*

**CHECK OUR WEBSITE FOR MORE
INFORMATION ON UPCOMING EVENTS:
WWW.MEDFORDLEAS.ORG**



LEAS FORUM LECTURES

ALL LECTURES AT 11:00 AM
IN THE MEDFORD CAMPUS THEATER
NO CHARGE

Medford Leas residents on our Forum Committee organize a year-round lecture series for our residents and the local community. Guest speakers cover a wide range of topics, present a point of view, and interact with the audience. *Please join us!*

CELEBRATING THE JERSEY SHORE
SATURDAY, APRIL 10 | 11:00 AM
Margaret Buchholtz, of the Long Beach Island newspaper, *The Beachcomber*, from 1955-1987, will share her thoughts on this treasured area of New Jersey.

GENERAL IRWIN ROMMEL—THE DESERT FOX
SATURDAY, MAY 8, 2010 | 11:00 AM
Dr. Richard Davis, University of Pennsylvania is the author of *The Desert Fox*. Brother of Nancy Reagan, Dr. Davis brings extensive knowledge of General Rommel, and his family to this program.

ROBERT CAPUTO – NATIONAL GEOGRAPHIC
SATURDAY, MAY 22, 2010 | 11:00 AM
Having spent many years working in Africa, Asia and the Americas, *Robert Caputo* will share his award winning experience working with *National Geographic*.



MEDFORD UNIVERSITY

Spring Course: Art History

MAY 3, 10, 17 & 24, AND JUNE 1 & 7
3:30 PM - 5:00 PM

MEDFORD LEAS THEATER

TUITION: \$25

In a chronological approach, lectures will examine American art and tie in with the Picasso and Renoir exhibits at Philadelphia Museum of Art. Material will include discussions on European painters and their American counterparts. *Preregistration is required. Call 609-654-3000.*



ED ELLIS NAMED EMPLOYEE OF THE YEAR

On March 12th Medford Leas held its annual Employee Service Recognition Dinner to honor staff members for their service. Ed Ellis was named Employee of the Year.

Ed has been an important member of the Fitness and Aquatic Department Team for the past two years. In that short time he has been an enthusiastic learner, with a very positive attitude. He has suc-

cessfully taken on more and more departmental responsibilities and is challenged by the opportunity for professional growth.

Recently Ed attended three professional seminars sponsored by the Aquatic Education Association, the American Council on Exercise, and the Aquatics Therapeutic Rehabilitation Institute—all to increase his knowledge and understanding of Aquatics-Fitness Training and Aquatic Therapeutic Programming. He passed the rigorous testing required and has earned certifications from all three organizations.

Ed uses the many new skills and techniques he learned to improve the quality of services provided to Medford Leas residents and staff. He recently shared his knowledge/and skills during an excellent in-service presentation to the fitness

staff. The staff and the residents benefit on a daily basis from his expanded experiences; these actions significantly improve resident satisfaction, and employee knowledge. Ed's commitment to learning stands out and is an example to all. Now, he has set his sights on his next goal; in March, Ed started classes to earn an MBA degree.

Ed has volunteered to assist in the organization and implementation of Fitness Day, the Strength Training Luncheon, Water Volleyball Contests, the Rowing Challenge, and the Health Care Volunteer Luncheon. He recently established a Fitness Class for Medford Leas Employees "Studio Sampler" which meets three times weekly.

Congratulations Ed!

ARBORETUM events



DR. KHELIL NAMED NEW MEDICAL DIRECTOR

Dr. Jennifer Khelil is the new Medical Director of Medford Leas, effective March 1, 2010. In this role, Dr. Khelil is responsible for the overall health and wellness of residents of Medford Leas. She will work closely with our on-site team of health and wellness professionals to provide primary care for residents and to coordinate resident's care with the best specialists and treatment programs available. As a result of this "patient partnership" approach, residents enjoy close and participatory relationships with our health and wellness team.

A graduate of University of Medicine and Dentistry School of Osteopathic Medicine in Stratford, NJ, Dr. Khelil completed her internship and medical residency at John F. Kennedy Memorial Hospital and Our Lady of Lourdes Hospital. As a member of the medical staff of Virtua Hospital, Dr. Khelil spent several years as a hospitalist, working in the intensive care unit, post operative surgical recovery, and on the general medical floors.

An interdisciplinary team of staff, residents and Estaugh Board members led the search for the director. Dr. Frank Snope, resident and chair of the MLRA Health Committee, was part of the team. He said that Dr. Khelil quickly rose to the top because of her diagnostic skills and her caring, competent and approachable manner.

Congratulations, Dr. Khelil!



ANNUAL LEWIS W. BARTON ARBORETUM LECTURE BRINGING NATURE HOME

Featuring Douglas W. Tallamy, Professor and Chair of the Department of Entomology and Wildlife Ecology, University of Delaware

SATURDAY, APRIL 24 | 11:00 AM

MEDFORD CAMPUS THEATER | OPEN TO THE PUBLIC | NO CHARGE

Enjoy an engaging program by Doug Tallamy, a leader in the field of native plants. Learn how you can welcome wildlife into your gardens by planting even just a few native plants. Light luncheon fare follows the program, along with guided tours of the Arboretum.

Reservations are appreciated. Please call 609-654-3527.

ART GALLERY

MEDFORD CAMPUS GALLERY
NO CHARGE | OPEN TO THE PUBLIC
DAILY FROM 9:00 AM – 8:00 PM

EXPLORE THE WORLD OF FLOWERS
Philadelphia Society of Botanical Illustrators

MARCH 26 – MAY 31

OPENING RECEPTION: SUNDAY,
APRIL 11, 2010, 3:30 – 5:00 PM

A first-ever in New Jersey show by this talented group of illustrators. What better way to welcome spring, but with this show!



SAVE THE DATE!

**FOURTH ANNUAL GOLF OUTING
AND AUCTION**

MONDAY, OCTOBER 4, 2010
DEERWOOD COUNTRY CLUB,
WESTAMPTON, NJ

For more information, please contact Sandy Green, Director of Development at 609-654-3420 or Lori Jakelsky, Executive Assistant, 609-654-3009.



M E D F O R D L E A S

*One Medford Leas Way
Medford, New Jersey 08055*

*A nationally accredited,
Quaker-related, not-for-profit
community for those age 55+,
with campuses in Medford
and Lumberton, NJ.*

VISIT OUR WEBSITE
www.medfordleas.org



CARFIT

**TUESDAY, APRIL 20
10:00 AM - 2:00 PM**

MEDFORD CAMPUS | NO CHARGE
SPACE IS LIMITED- APPOINTMENT
REQUIRED.

**HOW WELL DO YOU AND YOUR
VEHICLE WORK TOGETHER?**

Complete the 12-point CarFit®
checklist with trained profes-
sionals and you will:

- Learn about vehicle adjustments to improve your driving comfort
- Learn how a variety of adaptive equipment can improve fit, comfort and safety in your vehicle
- Have greater peace of mind while driving



Developed by the American Society on Aging in collaboration with AARP, AOTA (American Occupational Therapy Association), AAA, and Genesis Rehab Services, CarFit will help you find your safest and most comfortable vehicle fit and gain better control behind the wheel.

After your assessment, join us for our complimentary:

- Fitness testing
- Hand massage
- Refreshments
- Arboretum tour
- Free plant



SPACE IS LIMITED, SO PLEASE CALL
609-654-3527 BY APRIL 12TH TO
SCHEDULE YOUR APPOINTMENT.